

Sailing, windsurfing and power boating should be:

# SAFE & FUN

The RYA is committed to the safeguarding of adults and adults at risk. You have the right to feel safe and be treated with respect and should show respect to others.



If you're feeling unhappy, worried, unsafe or concerned about the way another person is treating you or someone else, there are people you can contact who offer FREE confidential advice and websites to look at for information and advice:

Your local authority adult safeguarding team contact details are:



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**Welfare Officer Contact**

Name:.....

e-Mail:.....

Phone:.....



 023 8060 4104  
 [rya.org.uk/go/safeguarding](http://rya.org.uk/go/safeguarding)  
[safeguarding@rya.org.uk](mailto:safeguarding@rya.org.uk)

 0115 951 5400  
 [anncrafttrust.org](http://anncrafttrust.org)

 01708 765200  
 [supportline.org.uk](http://supportline.org.uk)

**Police non emergency number: 101**

**Mind: 0300 123 3393 Text: 86463 Web: [mind.org.uk](http://mind.org.uk)**

**Samaritans: 116123 email: [jo@samaritans.org](mailto:jo@samaritans.org) (24hr response time)**